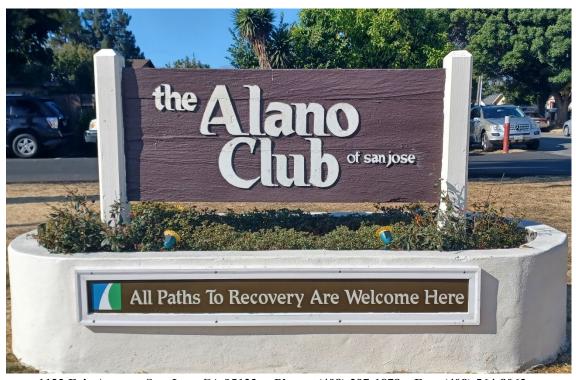
March 2025 in this issue >>>

March Recovery Milestones
Member of the Month
Member's Bulletin
The Club Heartbeat
Meeting Schedules
Upcoming Events &
Announcements
Club Diner
Our Supporters
Recovery Trivia



1122 Fair Avenue, San Jose, CA 95122 Phone: (408) 297-1878 Fax: (408) 564-8063

The Alano Club of San Jose

Newsletter

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Mark Buchanan – Vice President

Rosalinda Lopez - Secretary

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Arlene Lopez

Bill Fritz

Don McDonald

Alano Club Staff >>>

Tony Baron - CEO

Harvey DeJesus – Assistant Manager

Regina Palacios

Charles Glasper

Monique Fernandez

Jimmy Mulleniux

Leonard Liamas

Yahir

Jose C.

Building/Grounds >>>

Harvey DeJesus

March Recovery Milestones

| Name | Birthdate | Years | Name | Birthdate | Years |
|----------------|-----------|-------|------------|-----------|-------|
| David A | 3/1/1984 | 41 | Zeke Z | 3/15/1994 | 31 |
| Brett W | 3/1/2008 | 17 | Chuck G | 3/15/2024 | 1 |
| Madelyn G | 3/1/2024 | 1 | Noemi D | 3/15/2024 | 1 |
| Phil L | 3/3/2004 | 21 | Carolyn S | 3/19/1977 | 48 |
| Chris S | 3/5/1985 | 40 | Doug F | 3/19/1987 | 38 |
| Jessica W | 3/5/2013 | 12 | David R | 3/20/1988 | 37 |
| Joe B | 3/6/1983 | 42 | BryBear G | 3/20/1997 | 28 |
| Virginia M | 3/7/1979 | 46 | Dennis F | 3/27/1985 | 40 |
| Brian L | 3/7/2004 | 21 | Jimmy M | 3/27/1991 | 34 |
| Livvy A | 3/9/1982 | 43 | Jerome A | 3/27/2004 | 21 |
| Gay M | 3/9/2002 | 23 | Regina P | 3/28/2003 | 22 |
| Lynee L. | 3/10/1987 | 38 | Kimberly H | 3/28/2004 | 21 |
| Rosalinda L | 3/11/2013 | 12 | Kevin A | 3/30/2004 | 21 |
| Doug H | 3/14/2024 | 1 | Richard L | 3/31/2023 | 2 |

Member of the Month

Rosalinda Lopez

"For stepping in as our new Board Secretary and making refreshing changes."

Thank you!



Member's Bulletin Board

Welcome New Members!

- Vivienne V
- Sedrick A
- Luis G
- Kevin C
- Vera M
- Noemi D
- Christ V
- Lynne L





Membership Dues

| Classification | Monthly | Six Months | Thirteen Months |
|-------------------------|------------|------------|-----------------|
| Regular Member | \$30.00 | \$150.00 | \$300.00 |
| Senior | \$20.00 | \$100.00 | \$200.00 |
| Couples (each) | \$20.00 | \$100.00 | \$200.00 |
| Out of Town (75+ miles) | \$20.00 | \$100.00 | \$200.00 |
| Lifetime Member | \$3,000.00 | | |
| Lifetime Senior | \$2,000.00 | | |

Dues and Donations can now be paid online https://www.alanosj.org/dues-and-donations /



From the Mind of Management >>>

Our PG&E was \$2,980, for the month. So, we continue to look into the possibility of Solar. Perhaps a windmill or a very large inheritance?

I'm speaking to the choir here, but I can't thank the membership/owners of our Club enough for making it possible to carry the message in a significant way and sell a few cheeseburgers along the way.

Love Tony





Review 3
Solar Bids and
Vote for One.



The Club Heartbeat

We had another successful year with our Superbowl Watch Party.

With Tri-Tip and Fellowship, what is not to love? Tickets were sold out and the kitchen was buzzing! So busy, I barely had a chance to snap some pictures. Thank you to all who watched the game with us and a big Congratulations to the Seattle Seahawks!



Your Alano Club Meetings

Overeaters Anonymous

| Туре | Day | Time | Meeting Name | Details |
|------|-----|---------|---------------------------------|----------------|
| OA | Mon | 7:00 PM | Grupo Un Plan De Vida (Spanish) | In Person Only |
| OA | Thu | 7:00 PM | Grupo Un Plan De Vida (Spanish) | In Person Only |
| OA | Sat | 9:00 AM | Grupo Un Plan De Vida (Spanish) | In Person Only |

Narcotics Anonymous

| Туре | Day | Time | Meeting Name | Details |
|------|-----|----------|----------------------------|----------------|
| NA | Sun | 10:00 AM | One Primary Purpose | Hybrid |
| NA | Sun | 6:00 PM | Any Lengths Home Group | In Person Only |
| NA | Tue | 7:30 PM | Recovery at Work R.A.W | In Person Only |
| NA | Tue | 7:00 PM | Un Paso a la Vez (Spanish) | In Person Only |
| NA | Fri | 7:00 PM | Un Paso a la Vez (Spanish) | In Person Only |
| NA | Sat | 7:30 PM | Any Lengths Saturday | Hybrid |

Al-Anon

| Ī | Type | Day | Time | Meeting Name | Details | Zoom ID |
|---|---------|-----|---------|------------------|---------|---|
| ĺ | Al-Anon | Mon | 8:00 PM | Monday Night AFG | Hybrid | Meeting ID: 339-961-4550 Password: 149229 |

LifeRing

| Туре | Day | Time | Focus | Details |
|----------|-----|---------|------------------|---------------------------|
| LifeRing | Mon | 7:30 PM | Secular Recovery | In Person - Patio Meeting |

Codependents Anonymous

| Туре | Day | Time | Meeting Link | Details |
|------|-----|---------|--------------|---------|
| CoDa | Sun | 5:00 PM | CoDA | Hybrid |
| CoDa | Wed | 6:30 PM | CoDA | Hybrid |



| Type | Day | Time | Meeting Name | Details |
|------|-----|----------|--------------------------------|----------------|
| AA | Sun | 6:00 AM | A New Day | Zoom Only |
| AA | Sun | 8:30 AM | <u>Cup of Coffee</u> | Hybrid |
| AA | Sun | 12:00 PM | The Daily Reprieve | Hybrid |
| AA | Sun | 1:30 PM | Women In Power (Women) | Hybrid |
| AA | Sun | 3:00 PM | BYOB (bring your own book) | Hybrid |
| AA | Sun | 5:00 PM | Fair Ave Men's Meeting | Hybrid |
| AA | Sun | 7:00 PM | Gathered Together for Sobriety | In Person Only |
| AA | Sun | 7:30 PM | Women's Meeting (Spanish) | In Person Only |
| AA | Mon | 6:00 AM | A New Day | Zoom Only |
| AA | Mon | 9:00 AM | Cup of Coffee Meeting | Hybrid |
| AA | Mon | 12:00 PM | The Daily Reprieve Meeting | Hybrid |
| AA | Mon | 2:00 PM | Sober Meeting | In Person Only |



| AA | Mon | 4:00 PM | Golden Keys | Hybrid |
|----|-----|----------|--|--|
| AA | Mon | 6:00 PM | Back to Basics | Hybrid |
| AA | Mon | 7:30 PM | Hora De Vivir (Spanish) | In Person Only |
| AA | Tue | 6:00 AM | A New Day | Zoom Only |
| AA | Tue | 9:00 AM | Cup of Coffee Meeting | Hybrid |
| AA | Tue | 12:00 PM | The Daily Reprieve Meeting | Hybrid |
| AA | Tue | 4:00 PM | Golden Keys | Hybrid |
| AA | Tue | 6:00 PM | Back to Basics | Hybrid |
| AA | Tue | 7:00 PM | Cigar Meeting | Hybrid - Zoom ID: 867 1097 1265 Password: 79ypXn |
| AA | Tue | 9:30 PM | AA Men's Meeting | Hybrid |
| AA | Wed | 6:00 AM | A New Day | Zoom Only |
| AA | Wed | 9:00 AM | Cup of Coffee Meeting | Hybrid |
| AA | Wed | 12:00 PM | The Daily Reprieve Meeting | Hybrid |
| AA | Wed | 4:00 PM | Golden Keys | Hybrid |
| AA | Wed | 6:00 PM | Back to Basics | Hybrid |
| AA | Wed | 7:30 PM | Hora De Vivir (Spanish) | In Person Only |
| AA | Thu | 6:00 AM | A New Day | Zoom Only |
| AA | Thu | 9:00 AM | Cup of Coffee Meeting | Hybrid |
| AA | Thu | 12:00 PM | The Daily Reprieve Meeting | Hybrid |
| AA | Thu | 4:00 PM | Golden Keys | Hybrid |
| AA | Thu | 6:00 PM | Back to Basics | Hybrid |
| AA | Thu | 7:30 PM | Hora De Vivir (Spanish) | In Person Only |
| AA | Fri | 6:00 AM | A New Day | Zoom Only |
| AA | Fri | 12:00 PM | The Daily Reprieve (Chip Mtg) | Hybrid |
| AA | Fri | 9:00 AM | Cup of Coffee Meeting | Hybrid |
| AA | Fri | 4:00 PM | Golden Keys | Hybrid |
| | | | Bedtime Story Speaker Meeting (Chip | |
| AA | Fri | 6:00 PM | Mtg) | Hybrid |
| AA | Fri | 7:30 PM | Hora De Vivir (Spanish) | In Person Only |
| AA | Sat | 6:00 AM | A New Day Cup of Coffee (Chip Mtg last Sat of | Zoom Only |
| AA | Sat | 8:30 AM | month) | Hybrid |
| AA | Sat | 10:00 AM | Think Tank (Men) | Hybrid |
| AA | Sat | 12:00 PM | The Daily Reprieve Meeting | Hybrid |
| AA | Sat | 12:00 PM | Medicine Crow Talking Circle | In Person Only |
| AA | Sat | 6:00 PM | Newcomer's Questions & Answers | Hybrid |
| AA | Sat | 7:30 PM | Women's Meeting (Spanish) | In Person Only |

Business Meetings

| Type | Monthly | Time | Meeting Name | Details |
|------|--------------------------------|---------|--------------------|---|
| | | | | |
| CLUB | First Thursday of Every Month | 5:00 PM | Board Meeting | Hybrid - Zoom ID: 375-663-8100 Password: 95122 |
| | | | | |
| FAFG | Second Saturday of Every Month | 4:00 PM | Steering Committee | Hybrid - Zoom ID: 618-624-2512 Password: 241520 |
| | | | | |
| FAFG | Third Saturday of Every Month | 2:30 PM | Secretary Workshop | Hybrid - Zoom ID: 618-624-2512 Password: 241520 |

Upcoming Events & Announcements

ST. PATRICK'S DAY CLUB SPECIAL

Monday, March 17th



CORNED BEEF &
CABBAGE,
CARROTS &
POTATOES ~
CLUB DINER
SPECIAL

"LAUGHTER IS BRIGHTEST WHERE FOOD IS BEST." ~IRISH PROVERB



ST. PATRICK'S DAY ISN'T ABOUT DRINKING ANYMORE, IT'S ABOUT EATING CORNED BEEF!





COME DOWN AND GRAB YOURSELF AN IRISH FAVORITE



DINNER PLATE AND DRINK FOR SALE AT COST





Items for sale can be anything that you would sell at a yard sale, flea market, or craft fair.

The Alano Club of San Jose 1122 Fair Avenue, San Jose, CA
10am to 5 pm - Vendors can set up from 8am on.
Cost to vendors: \$20 for space 10 x10
\$17 for 1 table and 2 chairs if you do not have your own
Cut off date for reservations: May 1, 2025
Contact Us Via Email at: AlanoSJ BofD@yahoo.com

VOLUNTEER SIGN UP "FROM THRIFT TO CRAFT EVENT"

SATURDAY JUNE 7TH, 2025 8AM-5PM AT THE ALANO CLUB OF SAN JOSE 1122 FAIR AVENUE, SAN JOSE, CA

WE ARE LOOKING FOR THE FOLLOWING:

- DJ
- BBQ COOK(S) & BBQ HELPERS
- PARKING LOT ATTENDANTS (FOR THE SCHOOL ACROSS THE STREET TO DIRECT FOOT TRAFFIC)
- BANNERS AND BALLOONS (FOR THE MAIN ROAD TO DIRECT THE GENERAL PUBLIC OVER TO OUR CLUB EVENT)
- AND MUCH MUCH MORE

SIGN UP BY EMAIL AT: AlanoSJ_BofD@yahoo.com

| NO | NAME | PHONE/EMAIL | AREA OF EXPERTISE/INTEREST | TIME AVAILABLE |
|----|------|-------------|-------------------------------|----------------|
| 1 | | | | |
| 2 | | | | |
| 3 | | | | |
| 4 | | | | |
| 5 | | | | |
| 6 | | | | |
| 7 | | | | |
| 8 | | | | |
| 9 | | | | |
| 10 | | | | |
| 11 | | | | |



2025 Art Show Call For Artists

Saturday March 8th, 2025 2700 Booksin Ave, San Jose, CA 95125 10am-3pm

We're looking for artists in recovery to exhibit and sell at our Spring Art Show. Apply here!



RECOVERY

HIGH-END JEWELRY

NOW AVAILABLE FOR ORDER INQUIRE WITHIN: THE CLUB CAFÉ'











The Spanish Overeaters Anonymous Meetings Need Support!

COMEDORES COMPULSIVOS ANÓNIMOS/OA



GRUPO UN PLAN DE VIDA

Lugar de Reuniones

San Jose Alano Club 1122 Fair Ave, San Jose CA 95122

Nuestras Reuniones son los días:

Lunes 7:00 pm a 8:00 pm Jueves 7:00 pm a 8:00 pm Sábados 9:00 am a 10:00 am

¿La comida es un problema para ti?

¿Comes sin tener hambre?

¿Tú peso te esta afectando tu manera de vivir?

Para más información llamar al

(669) 213-2532

www.oa.org



the Alano Club of San Jose





\$3.57

BREAKFAST MENU:

Includes: Toast & Hashbrowns/ Country Potatoes coffee or Fountain drink 2 EGG BREAKFAST: FM FM \$6.83 2 Egg Breakfast Choice of: \$9.50 \$12.35 \$5.25 Bacon, Ham, Sausage, Chorizo 2 Stack \$7.48 \$5.75 \$9.75 o meat) \$7.50 \$8.13 2 e Has Har

| 2 eggs (no meat) | 00 | 3 Stack | \$6.25 |
|---|--------------------------|--------------------------------------|-------------------------------|
| 2 eggs (no mee) Hashbrowns & toast Hamburger Steak& Eggs \$13.0 | 00 \$14.90 | French toast | |
| HIMELE | | eine Orde | RS: |
| JUST Cheese Veggie (bell peppers, onions, tomatoes, (bell peppers, onions)) \$1 | 0.50 \$13. | Toast Hashbrowns Bacon, Ham, Sausa | \$2.75 \$3.25 ge \$3.75 |
| Suicide (bell peppers, onions, tomatoes, olives and mushrooms' Ham, onisage & bacon) | | .90 Veggies | \$2.50 |
| Combo#1 Coatmeal with the Works + toast | \$7.00 \$1 \$8.00 \$1 | 0.40 CONSUM! | NG RAW OR |

Combo#2



Did you see our coffee cards? Stop by the café and retrieve a coffee card when you buy a coffee and the 10th cup is on us!



Includes: Side & fountain drink or coffee Lunch & Dinner Menu SIDE ORDERS:

| \$3.57 | THERS: | ouiitain dring | |
|--|--|----------------------------------|--------------------------------|
| \$4.2 Cheese Burger | M . | SIDE ORD | Coffee |
| | | M 1.70 | |
| \$4.?Double Cheese Bacon Cheese | Surger \$9.50 \$12 urger \$11.00 \$13 | Potato salad | M FM |
| \$3 Double Bacon Chec | \$12.00 \$14 ese Burger \$13.25 \$17 | Macaroni Salad | \$3.50 \$4.55 |
| SANDWHIC | HEO | Green salad French Fries | \$3.50 \$4.55 \$3.50 \$4.55 |
| Grilled choos | M | Oneese Fries | \$4.50 \$5.85 |
| Turks Cheese | \$8.25 \$10.73 | Chili Cheese Fries Boiled egg | \$6.00 \$7.80 |
| | \$9.00 \$11.70 | - egg | 00.07 |
| Club House BLT | \$9.00 \$11.70 \$10.00 \$13.00 | | \$1.50 \$1.95 |
| una sa | \$13.00 \$15 | | |

\$13.00 \$16.90

\$10.00 \$13.00

\$8.50 \$11.05



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thompsonsharkey@att.net 408- 283 -9458







advertise here >>>

If you are licensed and bonded with a Trade, and/or run your own business, we welcome you to advertise with us! Your Business Card will also be placed on the Alano Club website www.alanosj.org/supporters. -We continue to support your business!



Self-Care Activities



BAKE COOK DANCE DRAW EXERCISE JOURNAL LAUGH LEARN NEW THINGS MEDITATE NAP PAINT PLAY MUSIC PLAY WITH PET READ

SHOWER SPEND TIME OUTSIDE STRETCH TAKE A BATH TALK TO FRIENDS WALK YOGA





